

# CLC CHRONICLE

2019 TERM 3 EDITION

## Respect • Diversity • Personal Best • Courage • Resilience

Students have continued to make fantastic progress with their SACE learning with many on track to gain SACE credits at the end of the year in Stage 1 Personal Learning Plan, Essential English, Essential Maths and Integrated Learning, as well as Stage 2 Research Project and Essential English.

With 1 term to go, our young people are looking to finish the year off on a positive note!



### Student Voice

Students form a Youth Group to have their say about how they want their CLC to be, and begin their strategy to support a positive culture at the Learning Centre

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### L- Plates

Students learn the rules of the road taking a step towards a valuable life skill  
P 7

### The CLC has a new Champion!

See who was crowned CLC Cup Champion for 2019  
P 5

### Drum Beat

No, it's not Jumanji! Drum Beat has landed at the CLC  
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### R U OK? Day

Staff and students spend a week focusing on Wellbeing and ask the question...  
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Important Dates: Term 3 End – Friday 27<sup>th</sup> September  
Term 3 Start – Monday 14<sup>nd</sup> October

## Coordinator's Recap

I'd like to start my recap by congratulating Aaron (picture below right) on his fantastic victory as the CLC Cup Champion at the term 2 celebration day. Aaron played well and has been a humble champion. All who participated, including staff and students, had a great day and while there was definitely a competitive vibe to the day, everyone had fun. I must admit that I gave it my all to win the day, headband and all, however was shown up by the skills and knowledge of the students!

Students are also looking to finish the year off on a high and are working hard to complete their SACE assessments to be resulted in December. Term 3 can be a tough term to keep motivated and moving forward but our young people are showing great resolve to make it to the finish line.

This term the CLC also celebrated R U OK? Day spread over a week in week 8. Staff and students were looking good in yellow, and I must commend Maddy on her outfit sporting a yellow cape and trunks! While wellbeing is always an integral aspect of the day to day at the CLC, it was great to take a moment to ask 'R U OK?' and start up a conversation.

We're so close to the year's end everyone! Keep up the great work and I know we will finish the year strongly. All of your hard work will pay off!

Thank You,

Juan Lopez  
NESPN Community Learning Centre Coordinator





## Around the CLC!!



## Student Recap

### Elise Shrimpton



At age 15 I wasn't committing to my schooling as I didn't want to be on campus. I had the unsettling feeling knowing I had to sit in the same place for hours a day and not be happy. It took a toll on everything and everyone around me especially my home life. I wasn't able to deal with the noisy distracting classrooms, drama with the students and I felt I couldn't relate to my teachers. I thought that I could take control of my own schooling, so I would only be there for the lessons I felt would actually benefit me in the future.

2 years of inconsistent schooling and being out of home, my positives became my downfalls and I felt like I lost my purpose and had no sense of direction. I got tired of not being able to find the right word to use to explain things properly or not being able to understand people completely. Reading books was harder to do; I had to stop to research a word because I had a limited vocabulary. I felt like I missed the most crucial years of high school and its really affecting me now. My mind could have developed a lot more than it has now if I used it the same way as everyone else did; I was embarrassed.

After realising that I needed school to help me transition from a child to a young adult and help me with the outside world, I wanted to make sure I was equipped with those life skills. The decision to finish my school was at 100%. My first experience here at CLC was nerve-racking as anyone else's first time would be however, I walked into open arms, welcoming and warm.

The teachers here are understanding of why you are coming back to school and wanting to finish. They are more like older siblings always asking if they can help, if you're okay, wanting to know how your days been and being cheery. This made the environment amazing and stress free. That's when I met Andrew, a genuine caring case worker. Andrew helped me talk about the things that I had kept in for a while, there was no judgment after what I told him and he honestly only wanted me to progress from then on in. Andrew explained to me that at this place I could work at my own pace, there are many different ages here finishing their school, trying to re-ensure no pressure or stress for me. He helped me start my Certificate III in Beauty where my passion for helping people look their best came from. He said it'd be perfect for me to expand my skills in the workforce too. He made a moderate timetable for me as I was in a bad routine with my sleeping patterns and not at home. He understood it was harder for me to get to and from school and was very supportive. On the days I made it in he made sure I knew he was proud that I showed up and stuck to the routine. That alone made me start to see that I can do even the things I hate if I know it'll benefit me.

I really started to enjoy coming to CLC for my own satisfaction being able to go home at the end of my day and say that I went to school, did work and not wanting to leave. After the first couple of weeks of getting back into the routine I started doing more work, I felt like I could actually put my mind to something and do it. I wasn't afraid of the mistakes I knew I was going to make because I wanted to be the best version of me and without failure how can you progress. Being at the CLC helped me change my mindset to a healthy benefiting one. A mindset that changes is okay and failure is progress, a key to life. I honestly don't know where I would be right now if I hadn't gotten to meet the amazing staff here at NESPN CLC.



## CLC 2019 Championship Cup



For our end of term celebration last term, the CLC held the first CLC Cup Championship Day. Students and staff competed against each other for glory, bragging rights and of course, the Championship Cup. The competition included games such as Uno, indoor ten pin bowling, Wii and a general knowledge quiz.

We started the with a sausage sizzle to fuel our tanks and then the games began. Although competition was fierce everyone participated with good spirits and fun was had by all. In the end one of us stood above the rest as 2019 CLC Champion with the most points, winning the Championship cup.

Congratulations Aaron!

You played well and your victory was well deserved.

We look forward to seeing you defend your title next year!



### CLC Profiles



Monique: CLC Teacher

Name/occupation:

Danielle Zaltron: FLO student

Spaghetti Bolognaise

Favourite Food:

Sushi

Back to the Future Trilogy

Favourite Movie:

Five Feet Apart

I can juggle a soccer ball

What is your hidden talent?

Applying make up

When I'm with my family and friends

I'm happiest when...

When I'm with friends

Gal Gadot because I admire her acting

If I could meet anyone from any time period, it would be...

Cole Sprouse because I admire his photography

Being able to teach in an inclusive and supportive environment

Favourite thing about the CLC?

That the teachers help more and are funny

## Drum Beat

DRUMBEAT is an acronym for Discovering Relationships Using Music, Beliefs, Emotions, Attitudes, and Thoughts. It is an 8-week program that aims to promote social understanding, compassion and connection through discussions and the use of an African drum called a Djembe. During the sessions students learn to play a variety of rhythms, as well as participating in some free-style jamming! Each week students consider a key idea and so far have explored the concept of harmony in conjunction with their own skills and how to blend this with others to create something new. Other concepts explored include maintaining their own self-identity within a community, the impact of emotions and how we communicate and the concept of a 'team' and working in a group. At the end of the program the students will have the opportunity to participate in a performance to show off their skills.



## R U OK? Day

This term the CLC held an R U OK? week from Monday the 9<sup>th</sup> to Friday the 13<sup>th</sup> of September. The week was celebrated by students and staff all participating in activities based on mindfulness including colouring, expressing feelings through sculptures, conversation through games and the creation of an R U OK? pin up board.

The Art Attack program showed off its creativity by constructing an R U OK? banner and the CLC was decorated in yellow to mark the week. Staff also wore yellow showing off their support for the week.

Interesting discussions arose around how the day helps to acknowledge people's feelings and struggles with mental health issues. Some students were not aware of the significance of R U OK? Day making it a fantastic opportunity to showcase the impact that asking someone 'R U OK?' can have on a person's wellbeing.





This term a number of students were able to gain their Learner's permit! The CLC held a 3-day Learner's short course where students were given the opportunity to learn all the give ways and road rules needed to be safe on the roads. On the last day students sat the final test with an accredited trainer with 16 students passing. There were some loud cheers and big smiles when the results of the test were announced! Be safe out there everyone!



## Youth Group



Youth Group this term was focussed on establishing a key group of young people who are interested and willing to commit their time to organising events and brainstorming ideas to build on the positive CLC environment.

The group created and distributed a questionnaire for students to complete in order to develop ideas for future CLC events and student led programs. Some suggestions included a dress up celebration for Halloween and a ping pong table in the 'chill out' area for break times which Baptist Care was happy to donate!

Students have also voiced that they would like to engage more with staff outside of class and case management times. In order to facilitate this request a UNO Championship has been established between students and staff. This will allow an opportunity for more group interactions between all CLC students and staff.

Anna began with the NESPN CLC in term 1 of this year. Anna was nervous at the beginning and was unsure about what to expect as she had experienced some negative situations at her previous learning site.

Anna began her learning journey by enrolling into Stage 1 Essential English and Personal Learning Plan (PLP). She also worked with her Case Manager to ensure that her timetable suited her needs. This helped to motivate Anna to attend the CLC by ensuring that she had full days of purposeful learning and interaction.

After completing her PLP and feeling her confidence grow after this success, Anna gave Essential Mathematics a go in order to tick off another one of her compulsory subjects.

Now, not only has Anna completed her PLP but also a full year of English and Maths, as well as Barista training and first aid. Next term she will also participate in the Learner's short course.

Anna is very proud to have completed so much this year and is excited to enrol into a Cert II in Kitchen operations to begin her pathway into a career in Hospitality.

Well Done Anna!

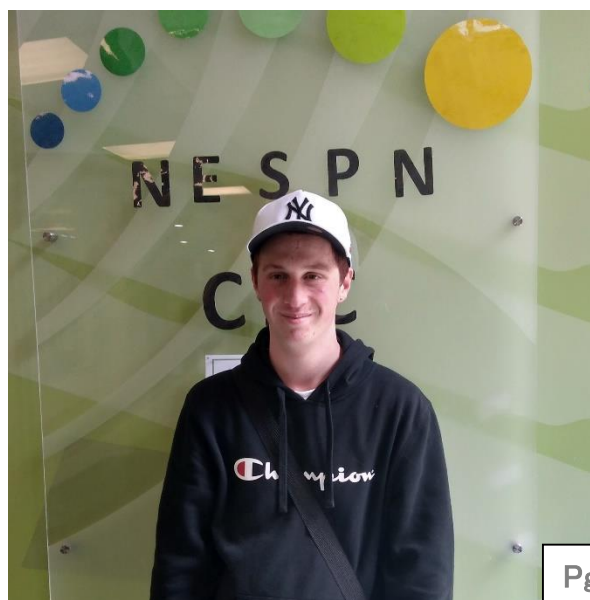
Liam first started attending the CLC at the beginning of this year and was yet to complete any SACE subjects and gain SACE points. Liam found getting distracted very easy while at school and this made it difficult for him to focus and complete his assessments.

The smaller class sizes at the CLC have helped Liam to remain focussed during lesson time and also afforded him greater access to teacher support. With new motivation Liam has been able to complete his Personal Learning Plan (PLP), a semester of Stage 1 Essential English, a full year of Stage 1 Essential Mathematics and is on track to complete Integrated Learning and a large portion of a Certificate II in Education Skills Development (ESD).

As well as the amazing progress that Liam has made with his SACE pathway, Liam has undertaken Barista/Hygiene training and is enrolled to undertake the Learner's short course next term to gain his learner's permit.

Liam has also engaged with many activities at the CLC including volunteering in the Bean Buggy program making delicious coffees, learning important life skills in Soul Good cooking and participating in the Youth Voice Program.

Great Work Liam!





## End of Term Awards

This term many students have embodied and displayed the CLC's values. Well done to those that have been recognised below for their work this term in demonstrating what the CLC stands for!

### Congratulations!

<u>Respect</u>	<u>Courage</u>	<u>Personal Best</u>	<u>Resilience</u>	<u>Diversity/Inclusivity</u>
Lewis Wade	Ethan Williams	Anna Billingsley	Lachlan Keatch	Sophie Farrell

## Staff news

### Goodbye!!

Last term we said goodbye to Annie, our Social Work student for semester 1. She definitely brought her own unique style to the CLC with some fantastic artistic flair in Art Attack and tasty food in Soul Good. Good luck with the rest of your degree!

### Welcome!!

This term we welcomed Heidi to the CLC team. Heidi is currently undertaking a Cert IV in Youth work and has been a great support to the CLC students this term. Great to have you on board Heidi!

## The NESPN CLC Team!



Front left to right: Shanna Scott: FLO Case Manager, Brittany Wennan: FLO Case Manager, Maddy Agar: Teacher, Zoe Cross: FLO Case Manager,

Back left to right: Jeff Feder: FLO Case Manager, Andrew Persian: FLO Case Manager, Tracey Sutton: Team Leader, Monique Bekirovski: Teacher, Juan Lopez: NESPN CLC Coordinator